

# POST TREATMENT CARE

#### MICRONEEDLING

Immediately after the treatment, the artist applies the PhiFace After Treatment Mask and provides the client with Phi Soothing Cream and Ultimate Skin Cocktail with detailed instructions for use.

It is possible that the treated area will be red and that the client will feel tingling and tightening of the skin for about 3 days after the treatment.

### AFTER THE TREATMENT, DO NOT:

- WASH YOUR FACE FOR 12 HOURS
- EXPOSE THE SKIN TO DIRECT SUN LIGHT FOR 24 HOURS
- APPLY MAKE UP FOR 24 HOURS
- USE FOUNDATIONS AND POWDERS FOR 48 HOURS
- USE SAUNA, SWIMMING POOLS AND TANNING BEDS FOR 3 DAYS
- EXPOSE YOURSELF TO PHYSICAL EXERTION FOR 2 DAYS
- USE BOTOX OR FILLERS FOR NEXT 3 WEEKS

#### PHI-ION

Clusters of yellowish spots up to 0.2 mm in diameter will appear in the treated area and remain visible up to 5 days. Eye lids may get swollen and the client may feel tingling. There is no after treatment cream that needs to be applied and the client can use foundation to cover the treated area. All side effects should disappear within 7 to 10 days.

## AFTER THE TREATMENT, DO NOT:

- Use aggressive hygiene products (fragrances, soaps, etc.)
- EXPOSE TO DIRECT SUNLIGHT FOR 2 DAYS BY NO MEANS AND WEAR DARK SUNGLASSES
- USE SAUNA, SWIMMING POOLS AND TANNING BEDS FOR 5 DAYS
- EXPOSE YOURSELF TO PHYSICAL EXERTION FOR 5 DAYS

